



DEIREADH FÓMHAIR 2023

NUACHTLITIR



Your monthly news from Sacred Heart National School Rath

INSIDE THIS ISSUE:

Student Council

Football

Sacraments

Halloween Hike

Gaeilge

County Photos

Care Plans

Healthy Eating

**Parents' Association
AGM**



Student Council

We are excited to announce that the pupils have elected a new student council. They will continue to provide an opportunity for pupils to voice their opinions and offer suggestions in relation to many aspects of school life. Through our Student Council, we hope to give the pupils a positive role in the organisation of the school.

There was great activity in recent weeks as scores of children in 2nd, 3rd, 4th, 5th and 6th classes nominated themselves and campaigned for their respective class elections.

Elections followed in each classroom and we now have a new 12-member Student Council in place. We look forward to working with them in the coming months. Well done to all the boys and girls who put their names forward. The members of our new Student Council are;

Rang 2: Niamh Ward & Matthew Byrne

Rang 3: Aoife Duffy & Rían Dooley

Rang 4: Emese Poda & Ciarán Redmond

Rang 5: Kaylah Murphy, Caoilfhionn Graham & Seán Slattery

Rang 6: Maria Deren (missing from picture), Ailbhe Barrett & Jamie O'Halloran

Gaeilge

Bain triail as beagán Gaeilge sa bhaile. As outlined in our last newsletter, each month, we will pick a number of phrases to work on - in school and at home. The engagement from the children and staff has been 'ar fheabhas' so far and we're delighted with the response. Bain triail as agus bain taitneamh as!

Deireadh Fómhair (October)

Seachtain 1 - Cá bhfuil? Tá ..anseo / Níl a fhios agam (where is ..? ... is here / I don't know)

Seachtain 2 - An bhfaca tú? Chonaic mé/ Ní fhaca mé (Did you see? I saw / I didn't see)

Seachtain 3 - Fan nóiméad! (wait a minute!)

Seachtain 4 - Aon scéal? (Any news?)

Ceist coicíse: Cad atá uait/ uaidh/uaithe/uainn/uaibh/uathu? (What do you want?)



Gaelic Football

The girls and boys in 4th, 5th and 6th Class have been very busy in recent weeks training for and playing their respective football games. We entered 4 teams in the Cumann na mBunscol competitions and our teams have been very competitive in each game with some teams still in with a chance of making the finals. Our Boys A & Girls A are at home to Emo today and the Girls A and Girls B team travel to The Rock on Friday. Go n-éirí an t-ádh leo. Well done also to all our pupils who won county finals recently with their respective clubs.



County Photos

County Photos will visit the school on Thursday October 12th. They will circulate proofs and payment options following this, if you wish to purchase from them. As always, this is completely optional.



Healthy Eating Policy / Lunches

We promote healthy eating in Rath N.S. A healthy eating policy enables schools to develop and maintain a shared philosophy on all aspects of food and drink. It helps to develop consistent messages about healthy eating across the curriculum and ensure food consumption at school is in line with healthy eating guidelines. The children are therefore required to bring healthy lunches to school. We reviewed our healthy eating policy last year, which can be found on the school website.

I'll remind you also that 'The Lunch Bag' (<https://www.thelunchbag.ie/>) deliver healthy lunches to children each day at a reasonable rate. Please contact the school if you require any further information.



Sacraments 2024

The dates below are for our two sacrament classes this year:

Rang 2

February 27th - First Confession at 7pm

April 27th - First Communion at 11:30am

Rang 6

March 13th - Confirmation at 11am

Halloween Hike 2023

Our annual Halloween Hike will take place later this month. It will be either Thursday Oct 26th or Friday Oct 27th. Depending on the weather forecast, we will fix the day early that week. The children (and staff!) are encouraged to dress up, so all types of witches, ghosts, fancy dress etc. are welcome. The emphasis is on fun and we discourage parents from buying expensive costumes for the day. Homemade costumes are usually the best! The Parents' Association will circulate sponsorship cards this week. Below are some pictures from last year's Halloween Hike. It is always one of the most enjoyable days in the school calendar.



Care Plans

We are currently in the process of updating our care plans for children with particular medical needs. Your child's completed plan will store helpful details about your child's condition, current medication, triggers, individual symptoms and emergency contact numbers. The plan will help school staff to better understand your child's individual condition. If your child has an existing care plan, we will contact you to update. However, if your child has any allergies, conditions or medication that may be required in school, and that we need to be aware of, please contact Amanda in the office to discuss further.

Parents' Association Noticeboard

Social Night

We are holding a social night in the Fisherman's on Friday 13th October from 8p.m. It's a great night to meet new parents and guardians in the school, or as an excuse to catch up with friends away from the busy school gate!

Halloween Hike

With Oíche Samhna just around the corner, the annual Halloween Hike will take place on either the 26th or 27th of October. The day will be confirmed earlier that week. This is our first fundraiser of the year. The children will have an opportunity to dress up for the hike. Beidh spórt, craic agus spraoi acu. Sponsorship cards will go home in the children's bags later this week, one card per family. We very much appreciate your support. The money raised from the Hike will go towards alleviating transportation costs which have risen substantially.

Calendar

We are also starting to work on the school calendar. We hope to have our calendar for sale in early December. If anyone would like to place an advertisement or knows someone who would like to place an advertisement, please let us know. You can contact Amanda in the school or email sec.p.c.rathns@gmail.com for further information.

AGM

Our AGM will take place on Monday night **16th October at 8:30 p.m.** in the school hall. If you are interested in getting involved in the committee please contact Amanda to submit your name. We would really love to see as many people there as possible and everyone is encouraged to attend.

