



DEIREADH FÓMHAIR 2022

NUACHTLITIR



Your monthly news from Sacred Heart National School Rath

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Student Council

We are excited to announce that the pupils have elected a new student council. They will continue to provide an opportunity for pupils to voice their opinions and offer suggestions in relation to many aspects of school life. Through our Student Council, we hope to give the pupils a positive role in the organisation of the school.

There was great activity in recent weeks as scores of children in 2nd, 3rd, 4th, 5th and 6th classes nominated themselves and campaigned for their respective class elections. Elections followed in each classroom and we now have a new 13-person Student Council in place. We look forward to working with them in the coming months. Well done to all the boys and girls who put their names forward. The members of our new Student Council are;

Rang 2: Fynn Kirwan, Hanna Monahan & Ned Rodgers

Rang 3: Molly Byrne & Ciarán Magennis

Rang 4: Chiara De Jong (missing from picture) & Dylan Aherne

Rang 5: Aoife Murphy, Sam Murphy & Niall Malone

Rang 6: Seán Óg Kirwan, Seán Malone & Pádraic Roker

Gaeilge

Bain triail as beagán Gaeilge sa bhaile. As outlined in our last newsletter, each month, we will pick a number of phrases to work on - in school and at home. The engagement from the children and staff has been 'ar fheabhas' so far and we're delighted with the response. Bain triail as agus bain taitneamh as!

Deireadh Fómhair (October)

Seachtain 1 - Cá bhfuil? Tá ..anseo / Níl a fhios agam (where is ..? ... is here / I don't know)

Seachtain 2 - Fan nóiméad! (wait a minute!)

Seachtain 3 - An bhfaca tú? Chonaic mé/ Ní fhaca mé (Did you see? I saw / I didn't see)

Seachtain 4 - Brostaigh ort! (hurry up!)



Laois Ladies

We were honoured and thrilled to welcome our neighbour Aisling Donoher with the All-Ireland Ladies Intermediate trophy. Aisling was named 'Player of the Match' in the final and she is an inspiration for all of the pupils in Rath N.S. Thank you to Aisling for being so generous with her time. There are more photos on the school website.



Gaelic Football

The girls and boys in 4th, 5th and 6th Class have been very busy in recent weeks training for and playing their respective football games. We entered 4 teams in the Cumann na mBunscol competitions and our teams have been very competitive in each game with some teams still in with a chance of making the finals. Our Boys A, Boys B and Girls A teams are away to Emo tomorrow and the Girls B team travel to Killeen. Go n-éirí an t-ádh leo.



County Photos

County Photos will visit the school on Thursday October 6th. They will circulate proofs and payment options following this, if you wish to purchase from them. As always, this is completely optional.

Mathletics

Last year, we signed up to the ever growing Mathletics community. This is for pupils in 2nd Class through to 6th Class. Success is different for every child. Mathletics provides a safe, encouraging learning environment that provides the right level of challenge to help our pupils grow, gain confidence, and achieve their best. The tasks are set to ensure the children can learn and complete independently also. We had great engagement last year and we expect this to continue for the current school year. Your child should have their own log-in details and we encourage them to engage once or twice a week if possible.

COUNTY PHOTOS
THE SCHOOL PHOTOGRAPHERS

Photo Day is Here!!

We shall be attending your school to take the children's photographs on:

06 October 2022

A proof of each photograph taken will be sent home for you to view.

Full details on prices and how to purchase will be included with the proof photographs, there is no money to be paid up front and no obligation to buy the photographs once they are taken.

We would encourage each family to have a photograph taken.

For more information please visit our website countypotos.ie

Sacraments 2023

The dates below are for our two sacrament classes this year:

<u>Rang 2</u>	<u>Rang 6</u>
March 7th - First Confession at 7:30pm	March 2nd - Service of Light at 6:30pm
May 27th - First Communion at 11:30am	March 10th - Confirmation at 2pm

Halloween Hike 2022

Our annual Halloween Hike will take place later this month. It will be either Thursday Oct 27th or Friday Oct 28th. Depending on the weather forecast, we will fix the day early that week. The children (and staff!) are encouraged to dress up, so all types of witches, ghosts, fancy dress etc. are welcome. The emphasis is on fun and we discourage parents from buying expensive costumes for the day. Homemade costumes are usually the best! The Parents' Association will circulate sponsorship cards later this week. Below are some pictures from last year's Halloween Hike. It is always one of the most enjoyable days in the school calendar.



Healthy Eating Policy

We promote healthy eating in Rath N.S. A healthy eating policy enables schools to develop and maintain a shared philosophy on all aspects of food and drink. It helps to develop consistent messages about healthy eating across the curriculum and ensure food consumption at school is in line with healthy eating guidelines. The children are therefore required to bring healthy lunches to school. We will be reviewing our healthy eating policy in the coming months but I would encourage parents to visit the following HSE website <https://www2.hse.ie/file-library/health-eating-active-living/healthy-lunchboxes.pdf>. I have also attached the PDF with this newsletter. It is a useful resource for parents as it contains some practical tips for you and your children to prepare a healthy lunchbox. I'll remind you also that 'The Lunch Bag' (<https://www.thelunchbag.ie/>) deliver healthy lunches to children each day at a reasonable rate. Please contact the school if you require any further information.

Non-Uniform Day

Jonathon McGowan, a native of Portarlinton, was recently diagnosed with ALS, a cruel Motor Neurone Disease, with no known cure. Johnny's only wish is that his wife Sherrie, and his two daughters, Darcy and Riley, are looked after in the future. Family and Friends have set up a 'GO Fund Me' page to raise funds to make Johnny's wish come true. They are asking all schools in the parish to host a 'Non-Uniform Day' on Friday October 7th. Pupils are encouraged to bring a donation of €2 towards this very worthwhile cause.

Parents' Association Noticeboard

Social Night

We would like to say a big thank you to everyone who came to the social night last Friday night. A wonderful night was had by all. A special word of thanks to Seán and all the staff in the Fisherman's Inn for looking after us so well.

Halloween Hike

Our first fundraiser of the year, the annual Halloween Hike will take place on either the 27th or 28th October. The day will be confirmed earlier that week. The children will have a chance to dress up for the hike. Beidh spórt, craic agus spraoi acu. Sponsorship cards will go home in the children's bags later this week, one card per family. We very much appreciate your support. The money raised from the Hike will go towards purchasing outdoor equipment for the children.

Calendar

It's that time of year again as we turn our attention towards the school calendar. We hope to have our calendar for sale in early December. If anyone would like to place an advertisement or knows someone who would like to place an advertisement, please let us know. You can contact Amanda in the school or email sec.p.c.rathns@gmail.com for further information.

AGM

Our AGM will take place next Monday night 10th October at 8:30 p.m. in the school hall. If you are interested in getting involved in the committee please contact Amanda to submit your name. We would really love to see as many people there as possible.