



FEABHRA 2025

# NUACHTLITIR



Your monthly news from Sacred Heart National School Rath

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## ***Couch to 2K - Fun Run***

The pupils in the school continue to prepare for our 'Couch to 2k'. It's an exercise programme developed especially for primary schools. Similar to the previous two years, we will host a concluding event on **Sunday March 2nd at 11am** on the school grounds. We decided to pick a Sunday so the whole family can participate. Our Parents Association will provide refreshments on the day. You might like to help your child's training by going for a walk or run in the evening or at the weekend. Every little helps!

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## ***Internet Safety***

Following the introduction of our 'Smartphone Charter' across the school in recent months, our Parents' Association booked a guest speaker from internet safety company Zeeko to visit the school on Wednesday January 29th. He presented to pupils in 3rd Class through to 6th Class during the school day, before returning to the school that evening to present to our parent body. Many thanks to those parents who showed up in such good numbers.

As Safer Internet Day 2025 approaches on February 11th, I will remind you that the Webwise website is an excellent resource for parents. Please visit <https://www.webwise.ie/parents/> to access their resources.

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## ***Half-Day Closure March 28th***

The school will close at the earlier time of **12:30pm on Friday March 28th** to facilitate staff in-service on the new Bí Cineálta procedures. Bí Cineálta is the new Department of Education led procedures that aim to support school communities to prevent and address bullying behaviour. Our new Bí Cineálta Policy, when completed, will replace our current Anti-Bullying Policy.

## Grandparents' Day

We celebrated Grandparents' Day recently with our Junior Infants and 6th Class pupils welcoming their grandparents to the school. Fr Eugen facilitated a lovely prayer service in the church where we especially remembered those grandparents who were unable to attend on the day. The children had great fun showing our guests around the school and we must also thank our wonderful Parents' Association for providing the refreshments in the hall. There are more photos from the day on the school website.



## Sport

**Football:** School football coaching with Courtwood GAA will commence on Friday February 7th with pupils from 1st Class - 6th class. 1st & 2nd Class sessions will take place in school, while 3rd, 4th, 5th & 6th Classes will be after school from 3pm - 4pm. Only those interested in playing football are allowed to stay for the after-school sessions. No previous experience is required though. Please have football boots and gum shields.

**Volleyball:** Mr Walsh has been coaching volleyball to our 6th class pupils in recent weeks. They will take part in a primary school blitz in Portlaoise College on February 18th. Go n-éirí an t-ádh leo.

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## Nollaig na mBan

Many thanks to Helen O'Connor, Geraldine Tynan and Bridin Gordan for organising a social event in The Fisherman's Inn recently to mark Nollaig na mBan. In doing so they also managed to raise €600 for the school. We are very grateful for the support.

Feabhra 2025

***Feabhra (February)***

**Seachtain 1** – Ar chuala tú? Chuala/ níor chuala

**Seachtain 2** – Cé leis an ...seo?

**Seachtain 3** – Táim críochnaithe

**Seachtain 4** – Tá mé I bponc/ Tá cabhair ag teastáil uaim!



**Ceist coicise:** An ndeachaigh tú? Chuaigh / ni dheachaigh  
Cad iad na caitheamh aimsire atá agat?

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## ***Meet Our Student Council***



**Name:** Tommie Gorman

**Class:** Rang 6

**Favourite Subject:** Gaeilge

**Hobbies:** Football, hurling and cycling

**What I like about our school:** I like hanging out with my friends and playing sports for the school teams.

**My priority for the Student Council:** My priority is to host meetings and gather different ideas from classes around the school.



**Name:** Saoirse Henderson

**Class:** Rang 5

**Favourite Subject:** History

**Hobbies:** Reading and painting

**What I like about our school:** I like my friends and my teachers at school.

**My priority for the Student Council:** My priority is to make sure I take other peoples ideas into consideration.

## ***Parents' Association***

**Bake Sale:** Our annual bake sale will take place Friday 14th of February. We greatly appreciate donations of baked goods, which can be dropped off at the school starting at 9:00 a.m. We kindly ask that students bring an extra lunchbox or Tupperware container for their purchases. The school community is welcome to attend the Bake Sale from 10:00 a.m.

**Grandparents Day:** On January 23rd, Junior Infants and Rang 6 had the pleasure of welcoming grandparents to the school for a wonderful morning enjoyed by everyone. A big thank you to everyone who assisted with providing refreshments for the day.

**Parents Choir** for Confirmation and Communion 2025 will be starting back on Thursday 6th Feb at 7:30 in the school hall. New members, grandparents, aunties, uncles and neighbours all welcome. For more details contact Helen Mulhall on 0876527928.

**Next meeting:** Our next meeting will take place on Wednesday 10th February at 8pm in the school. All are welcome

♥♥ *Valentine's Day* ♥♥

RATH NATIONAL SCHOOL

BAKE SALE

FRIDAY 14TH FEBRUARY 2025

10AM TO 12PM

DONATIONS OF BAKED GOODS CAN BE DROPPED TO THE SCHOOL THAT  
MORNING



**Funds raised on behalf of Parents Association. All monies collected will go towards continued support of Rath NS**